

**PATIENT HAS THE FOLLOWING:**

- ☐ **Type 2**                      ☐ **Prediabetes**                      ☐ Other: \_\_\_\_\_  
☐ **Type 1**                      ☐ **Gestational diabetes**                      \_\_\_\_\_  
☐ No complications                      \_\_\_\_\_  
☐ Complications: Please specify: \_\_\_\_\_
- Microvascular*                      *Vascular Risks Co-Morbidities*  
☐ Retinopathy                      ☐ HTN  
☐ Neuropathy                      ☐ Tobacco use  
☐ Nephropathy                      ☐ Hyperlipidemia

**REASON FOR REFERRAL:**

- ☐ New diagnosis                      ☐ Uncontrolled diabetes (A1c>8)  
☐ Change in treatment                      ☐ Frequent hypoglycemia

*Please note that Medicare patients can receive both DSMT and MNT.*

**SERVICE(S) REQUESTED** (Please check all that apply):

- ☐ Diabetes Self-Management Training (Indicate if individual or group)  
    ☐ Individual  
    ☐ Group (4-part, comprehensive course)  
☐ Medical Nutrition Therapy  
☐ Meter Instruction and Training  
☐ Insulin Start (Type/Dose) \_\_\_\_\_  
☐ Byetta/Symlin Start/Training: \_\_\_\_\_  
☐ Continuous Glucose Monitoring Sensor (CGMS) (A 72 hour blood glucose monitoring device)  
☐ Insulin Pump Training

**INSTRUCTIONS FOR THE EDUCATOR:**

- ☐ **Diabetes Educator to Adjust Insulin per Insulin Adjustment Protocol**                      ☐ Specific diet instructions: \_\_\_\_\_  
☐ RD to determine carbohydrate                      ☐ Please check A1C during visit

**PLEASE INDICATE ANY LEARNING BARRIERS**

- ☐ Vision                      ☐ Physical Handicap                      ☐ Learning Disability  
☐ Hearing                      ☐ Language                      ☐ Mental Handicap

**PLEASE LIST CURRENT DIABETES MEDICATIONS**

_____	_____	_____
_____	_____	_____
_____	_____	_____

**PLEASE FAX RECENT LABS AND H&P**

<b>Fasting glucose:</b>	<b>Date:</b>	<b>Random glucose:</b>	<b>Date:</b>
<b>A1C:</b>	<b>Date:</b>	<b>GTT (2 hour glucose test):</b>	<b>Date:</b>

\_\_\_\_\_  
Physician or Provider Signature

\_\_\_\_\_  
Date / Time

**Certificate of Medical Necessity for Diabetes Self-Management Training**

Insurance: \_\_\_\_\_ # visits auth'd: \_\_\_\_\_ Authorization #: \_\_\_\_\_

Wentworth-Douglass Hospital  
DIABETES SERVICES

**REFERRAL FORM: DIABETES EDUCATION**



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