

S: The patient has been diagnosed with obstructive sleep apnea by a diagnostic sleep study and has been referred by their Provider for a CPAP mask fitting, desensitization and education prior to beginning Auto CPAP therapy.

O: The diagnostic sleep study results = AHI: _____/hr, RDI: _____/hr, ODI: _____/hr.
Epworth Sleepiness Scale: _____/24

A: Recommendations: CPAP Mask: _____

Auto CPAP pressure range _____ to _____ cm/H₂O.

Plan:

1. The patient was referred to _____ for Auto CPAP setup.
2. Recommend _____ Auto CPAP device with a pressure range of _____ to _____ cm/H₂O, heated humidification/tubing, pressure relief of _____

3. The patient will be contacted by phone in 2 – 3 weeks to evaluate Auto CPAP therapy.
4. Auto CPAP compliance data will be downloaded and evaluated at 2 weeks, then 1, 2 & 3 months after the start of therapy.
5. The patient has been scheduled for a follow-up visit with _____ on _____ at _____

6. The patient was instructed to contact the SDC as needed.
7. Discharge instructions have been given to the patient detailing their treatment plan.
8. Patient Encounter Time: _____

Technologist Signature

Technologist

Date/Time

Primary Care Provider Signature

Primary Care Provider Name
(print)

Date/Time

Wentworth–Douglass Hospital
NEUROSCIENCES DEPARTMENT
**SLEEP DISORDER CENTER CPAP
WORKSHOP**



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