

**PET/CT SCAN**  
**Ordering Procedure for Referring Physician Offices**

Referring physician office is to contact Imaging Services at 603-740-2588 option #1.

Required information includes signed Physician order with:

1. Patient demographics (name, date of birth, etc.)
2. All insurance related information (including pre-authorization numbers)
3. CPT code / G code is using Medicare
4. Diagnosis information
5. Is the patient a diabetic?
6. Include recent Office Note

If the patient is a diabetic please note:

An acceptable blood glucose level to perform a PET/CT Scan is 200 or less. If over 200 the scan may have to be canceled. Please instruct Diabetic patients on what they can do to ensure that their blood glucose level is appropriate the day of their scan.

Patient preparation for a PET/CT Scan:

- Patients may drink water, but no other type of liquid is allowed before the PET/CT Scan.
- Patients are not allowed to chew gum or eat breath mints before the PET/CT Scan.
- Patients may take their prescribed medications with water the day of the scan. If the medications must be taken with food, please instruct the patient as to whether they should take the medication without food that day, take it later on in the day following the PET/CT Scan, or skip that dose altogether.
- If patients are taking oral diabetic medication or are on insulin therapy, please counsel them on how they should take their diabetic medication the day prior and the day of the PET/CT Scan to ensure appropriate blood glucose levels.
- Patients should NOT perform any vigorous physical activity for at least 24 hours before their PET/CT Scan.
- Patients should wear loose, comfortable clothing and not wear any metal objects or jewelry the day of their scan.
- If a patient is claustrophobic and requires sedation for their procedure, you must contact Same Day Surgery at 740-2282 to schedule the procedure with anesthesia.

Please Note that PET/CT Radiopharmaceutical doses are ordered specifically for each patient scheduled and have a shelf life of only 90 minutes. If a patient is not able to have their PET/CT Scan or if you have any patient preparation questions, please contact Imaging Services at 603-740-2588 option #2.