

Behavioral Health - Adult Biographical Information Form

Biographical Information

This information will help us to prepare for your visit and facilitate planning your treatment. If you are hesitant to complete any or all parts of this form, you can discuss this with your behavioral health provider during your initial assessment.

Name: _____ Today's Date: _____
 DOB: _____ Age: _____

General Demographic Information:

Please circle: Rent / Own Is your housing stable? Yes / NO Is your housing affordable? Yes / No

Please list all members of your household: _____

Preferred language? Written _____ Spoken _____

Family Information

| | Name | DOB | Mental Illness? | Strength of relationship: |
|--------------------|------|-----|-----------------|---------------------------|
| Parents | | | | |
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| Siblings | | | | |
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| Children | | | | |
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| Spouse/ Partner | | | | |

Are you currently active in a religious community? Yes / No

Religious Affiliation: _____

Military Involvement? Yes / No

If YES, please specify: Self / Loved one: _____ Branch of military? _____

Past / Current Combat Deployment? Yes / No Combat related diagnosis? _____

Education/Employment:

Did you graduate high school? Yes / No Year graduated: _____

Degree(s) earned/year: _____

Any learning problems, hyperactivity, or behavioral problems in school? _____

Are you currently working? Yes / No If YES, how many hours/week: _____

Current employer: _____ Job Title: _____

Is your job stable? Yes / NO

Is your income enough to meet your basic needs? Yes / No

If NO, are you currently: ☐ Unemployed (looking for work) ☐ Disabled ☐ Out of the workforce ☐ Retired

If you are DISABLED, date of disability: _____ Reason for disability: _____

If you are UNEMPLOYED, please explain: _____

Would you like assistance in finding work or being connected with work related resources? Yes / No

Trauma History

Have you ever been the victim of trauma? (Please circle all that apply)

Physical Abuse

Sexual Abuse/molestation

Domestic Violence

Emotional/verbal Abuse

Any experiences, deaths, or major losses in your life that have been particularly hard? _____

Medical History

Any current medical concerns? _____

Any history of head injury? Yes / NO If Yes, please explain _____

How often do you have a drink containing alcohol?

(0) Never (1) Monthly (2) 2-4 times a month (3) 2-3 times a week (4) 4 or more times a week

Has a friend, relative, or doctor or other health worker been concerned about your drinking or suggested you cut down?

(0) no (2) yes, but not in the last year (4) yes, during the last year

Have you used drugs other than those required for medical reasons? Yes / No

If YES, please describe (type, quantity, how often): _____

How much coffee/caffeine do you drink each day: _____ Per week: _____

How would you rate the quality of your sleep? _____ # Hours/night: _____

Prior Psychiatric Treatment

| Date | Provider/Agency | Reason |
|------|-----------------|--------|
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Why are you seeking help at this time? What are your goals for treatment?
